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# Hygia Café

## Catering Menu

All menu can be tailored to suit specific events.

All menu items are subject to change  
according to seasonality and availability.

# Catering Menu

## Breakfast Menus

### Continental Breakfast

- \$17**
- Includes selection of breakfast cereal
  - Fresh toast
  - Fresh & preserved fruits
  - Yoghurt and seasonal fruit salad
  - Juice
  - Tea & Coffee

### Full Breakfast

- \$25**
- Includes selection from the continental buffet
  - Healthy special veggie ham or veggie sausage
  - Saut'e fresh mushroom with herb
  - Any style of eggs
  - Grilled tomatoes
  - Roasted potatoes with herbs
  - Tasty hot pancakes
  - Fresh Toast
  - Selection of seasonal fruit salad
  - Tasty juice
  - Tea & coffee

## Coffee Break

- \$5<sup>.75</sup>** **1 The Quick Break**  
Per Person  
Fresh brewed coffee, tea and herbal infusions  
If you need more than just coffee then try one of our coffee break menu

- \$12** **2 The Healthy Break**  
Per Person  
■ Energy slice or chef's selection  
■ Relaxing fresh juice  
■ Selection of seasonal fruit

- \$7<sup>.95</sup>** **3 The Original Coffee Break**  
Per Person  
Sweet or savory item  
(flavour changes daily)

- \$7<sup>.50</sup>** **4 Sweet Surprise Break**  
Per Person  
Chef's selection (slice, biscuits or loaf)

- 5 Cakes** (flavour changes daily)  
■ Serves 8-12 people \$40  
■ Serves 12-18 people \$50  
■ Serves 18-24 people \$60

- 6 Optional Extras**  
■ NZ made ice- cream \$3.50 / per portion  
■ Orange juice \$15.00 / per jug  
■ Soft drink \$3.50 / each

# Chef's Choice of Lunch & Dinner Buffet Menu

**\$30**

Per Person

Total 7 dishes (Min 30 people)

Drinks are complimentary. Rice is included.



## Appetizer

Please choose from the following selection:

- ☐ 1. Deep Fried Tasty Wonton
- ☐ 2. Tofu & Veggies BBQ
- ☐ 3. Pan Fry Tasty Turnip Cake
- ☐ 4. Golden Dumping with Sweet & Sour Sauce
- ☐ 5. Crispy Spring Roll
- ☐ 6. Crispy Bean Curd Sticky Rice Roll
- ☐ 7. Golden Crispy Tofu Ball with Sauce
- ☐ 8. Italian Veggies Ham Pie
- ☐ 9. Healthy FILO Veggies Patties







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# Mains

Please choose from the following selection:

- ☐ 10. Tasty Bean Curd Roll with Special Sauce
- ☐ 11. Tasty Polenta with seaweed roll
- ☐ 12. Malaysian Style Stir Fried Fresh Vegetables with Cashewnuts
- ☐ 13. Black Beauty Healthy Roll
- ☐ 14. Veggie Coo-Lao Meat with Sweet & Sour Sauce
- ☐ 15. Braised Tasty Tofu with Shitaki Mushroom
- ☐ 16. Steamed Seasons Veggies Salads
- ☐ 17. Golden Smoked Tasty Beancurd with Seasonal Veggie
- ☐ 18. Golden Cheesy Special Tofu with Veggies
- ☐ 19. Beancurd With Fresh Veggies Curry
- ☐ 20. Thai Style Golden Tofu with special sauce
- ☐ 21. Roasted Veggies with Italian Herb & Olive Oil
- ☐ 22. Thai Tom-Yum Delight



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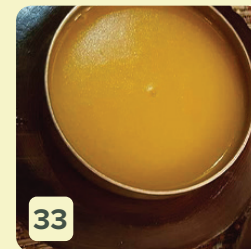


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## Rice

- ☐ **23.** Variety Sushi Delight
- ☐ **24.** Tasty Eggs Fried Rice
- ☐ **25.** Healthy Veggie Ham with Sweet Corn Fried Rice
- ☐ **26.** Golden Pocket Sushi
- ☐ **27.** Thai Style Fragrant Fried Rice

## Noodles

- ☐ **28.** Stir Fried Veggies with Rice Noodle
- ☐ **29.** Vegetarian Lasagna
- ☐ **30.** Korean Style Fried Noodle
- ☐ **31.** Chef's Special Combination Stir-Fried Noodle

## Soups

- ☐ **32.** Chinese Herb Healthy Soup
- ☐ **33.** Creamy Pumpkin Soup
- ☐ **34.** Japanese Miso Soup
- ☐ **35.** Sweet Corn Tasty Soup



## Salads

- ☐ 36. Fresh Seasons Veggies with Varsity Sauce
- ☐ 37. Fresh Seasonal Fruits Salad
- ☐ 38. Fresh Seasonal Fruits Salad with Tropical Juice



## Desserts

- ☐ 39. Puff With Fresh Cream
- ☐ 40. Chocolate Cake
- ☐ 41. Cheese Cake
- ☐ 42. Waffle with Lemon Curd



## Drinks

Drinks are complimentary

- ☐ 43. Pink Lady
- ☐ 44. Orange Juice
- ☐ 45. Apple Juice
- ☐ 46. Cranberry Juice
- ☐ 47. Ice Lemon & Jasmine Tea



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