

Hygia Cafe Catering Menu

Breakfast Menus

Continental Breakfast

\$15

- Includes selection of breakfast cereal
- Fresh toast
- Fresh & preserved fruits
- Yoghurt and seasonal fruit salad
- Juice
- Tea & Coffee

Full Breakfast

\$22

- Includes selection from the continental buffet
- Healthy special veggie ham or veggie sausage
- Saut'e fresh mushroom with herb
- Any style of eggs
- Grilled tomatoes
- Roasted potatoes with herbs
- Tasty hot pancakes
- Fresh Toast
- Selection of seasonal fruit salad
- Tasty juice
- Tea & coffee

Coffee Break

\$4.50

Per Person

- 1 The Quick Break
Fresh brewed coffee, tea and herbal infusions
If you need more than just coffee then try one of our coffee break menu

\$10

Per Person

- 2 The Healthy Break
■ Energy slice or chef's selection
■ Relaxing fresh juice
■ Selection of seasonal fruit

\$6.95

Per Person

- 3 The Original Coffee Break
Sweet or savory item
(flavour changes daily)

\$6.50

Per Person

- 4 Sweet Surprise Break
Chef's selection (slice, biscuits or loaf)

5 Cakes (flavour changes daily)

- Serves 8-12 people \$40
- Serves 12-18 people \$50
- Serves 18-24 people \$60

6 Optional Extras

- NZ made ice-cream \$3.50 / per portion
- Orange juice \$15.00 / per jug
- Soft drink \$3.50 / each



Chef's Choice of Lunch & Dinner Buffet Menu

\$28

Per Person

7 dishes. Drinks (L) complimentary (Min 30 people)

Please choose from the following selection

- | | |
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| <p>A <input type="checkbox"/> Tasty spice beancurd with special veggie sauce
<input type="checkbox"/> Golden crispy sesame roll
<input type="checkbox"/> Deep fried tasty wonton
<input type="checkbox"/> Tasty plenta spice savory cake</p> <p>B <input type="checkbox"/> Golden crispy beancurd sticky rice roll
<input type="checkbox"/> Crispy spring roll
<input type="checkbox"/> Italian veggie ham pie
<input type="checkbox"/> Cheesy golden mushroom with healthy veggie ham
<input type="checkbox"/> Healthy veggie sausage patties</p> <p>C <input type="checkbox"/> Golden crispy tofu ball with sweet and sour sauce
<input type="checkbox"/> Tasty radish patties
<input type="checkbox"/> Golden pocket sushi
<input type="checkbox"/> Golden dumpling with sweet & sour sauce</p> <p>D <input type="checkbox"/> Fresh veggie chips with variety dip sauce
<input type="checkbox"/> Steamed veggie salads (potatoes, broccoli, olive oil, savory yeast)
<input type="checkbox"/> Malaysian style stir fry fresh vegetable with cashewnut
<input type="checkbox"/> Roasted veggie with Italian herb & olive oil
(potatoe, pumpkin, beetroot, carrot)</p> <p>E <input type="checkbox"/> Black beauty healthy roll with sweet & sour sauce
(seaweed, shitaki mushroom, carrot)
<input type="checkbox"/> Golden smoked tasty beancurd with seasonal veggie
<input type="checkbox"/> Veggie coo-lao meat with sweet & sour sauce
<input type="checkbox"/> Baked golden cheesy special tofu with veggie dish</p> <p>F <input type="checkbox"/> Braised beancurd with fresh veggie and special sauce
<input type="checkbox"/> Tasty black bean & shitaki mushroom with fresh tofu
<input type="checkbox"/> Thai style braised golden tofu with cashewnut & veggie
<input type="checkbox"/> Thai tom yum delight</p> | <p>G <input type="checkbox"/> Tasty taiwanese style fried rice
<input type="checkbox"/> Healthy veggie ham with sweet corn fried rice
<input type="checkbox"/> Variety sushi delight
<input type="checkbox"/> Thai style fragrant fried rice</p> <p>H <input type="checkbox"/> Stir fried seasonal veggie with rice noodle
<input type="checkbox"/> Lasagna (TVP soy bean with tomato, veggie, cream potatoes, cheese)
<input type="checkbox"/> Kumara noodle with spice fresh vegetable & special sauce
<input type="checkbox"/> Chef's special combination stir-fried noodle</p> <p>I <input type="checkbox"/> Sweet corn tasty soup
<input type="checkbox"/> Creamy pumpkin soup
<input type="checkbox"/> Tofu & seaweed miso soup
<input type="checkbox"/> Spring healthy soup (summer, autumn, winter)</p> <p>J <input type="checkbox"/> Fresh seasonal fruit salad
<input type="checkbox"/> Fresh seasonal fruit salad with tropical juice & mint</p> <p>K <input type="checkbox"/> Puff with fresh cream
<input type="checkbox"/> Chocolate cake
<input type="checkbox"/> Cheese cake (chef's selection)
<input type="checkbox"/> Waffle with lemon custard
<input type="checkbox"/> Classic molasses biscuits</p> <p>L <input type="checkbox"/> Orange juice
<input type="checkbox"/> Tropical fruit juice
<input type="checkbox"/> Apple juice
<input type="checkbox"/> Soft drink</p> |
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**All of which can be tailored to suit specific events.



Hygia Fresh Juice Bar

100% Pure Fresh Juice

- \$7.50**
- 1 Cucumber & Celery Cooler**
carrot, cucumber, celery, apple, lemon
 - 2 Potassium Drink**
carrot, celery, apple, parsley, spinach, lemon
 - 3 Energizing**
strawberry, pineapple, apple
 - 4 Detox**
carrot, apple, beetroot, ginger, celery
 - 5 Liver Love**
carrot, apple, beetroot, ginger
 - 6 Think Healthy**
pineapple, kiwi fruit, apple
 - 7 Vitamin C**
pineapple, lemon, orange
 - 8 Zinger**
carrot, apple, orange

Smoothies

- \$8.50**
- 1 Breakfast Berry Smoothies**
strawberry, raspberries, blue berries, soy milk, muesli
 - 2 Carrot Smoothies**
carrot juice, soy yoghurt, lime, baby carrot
 - 3 Red Reviver**
beetroot, carrot, pear, lime, ginger
 - 4 Fresh Spirulina**
banana, kiwi fruit, apple, honey, soy yoghurt, Spirulina shot
 - 5 Tropical Mix**
pineapple, mango, strawberries, soy yoghurt, banana
 - 6 Classic Banana**
banana, soy milk, soy yoghurt, honey

